IN tide

Butterflies of Love
From Vaudeville to WNCC
Liberated Sports
**Editorial**

Western ECHO Needs You

By Ethel Fitman

The WESTERN ECHO is the official student publication for Western Nevada Community College, Reno/Sparks Campus. The production of the Echo is an ongoing thing. An issue isn't published before the next issue is in the making.

There can never be too much material for publication. If you are interested in submitting some time at the Echo. The only thing you need is to be a student of the College. You may help by submitting items of interest about special happenings in your classes or in the community. Your class may be doing something really different that others would be interested in knowing about. Is there a field trip planned? Is there something special, unique, or interesting you would like the other students to hear? Have you seen an upcoming community event that others may be interested in attending? Have you attended something that blew your mind and you would like to share it with the other students?

These are just a few ideas for articles. If you are an artist and would like to see your art work published, please submit it for consideration. Submit your black and white photographs. Try your hand at writing. Very few items turned in to this office are not published. It may take a while for some things to reach print, but it is eventually almost everything does.

Because the Echo does not have staff to correspond to you to the community to get articles, I am asking that you please write a brief descriptive article, type it double-spaced and submit it to the Western Echo Office from 30000 D. Your article will be edited and written in journalistic style if it is necessary to rewrite it. If you have a black and white photo which may be used with the article, please submit it along with the article to the Echo office. On the back of the photo, please identify people, opponents to whom the photo should be returned. Photos will be used when appropriate to add to the interest of the story. All photos may be picked up after publication or rejection.

In submitting to the Echo, a good rule of thumb deadline date to remember is the last day of the month for the following month's publication.

Copies of the Echo are distributed to WNCC Reno/Spark 1, Campus, the night school campus, Washoe County Library, Sparks Library, Stead Library, Senior Citizens Center, Care and Share Senior Lunch Programs, UNR, Campus, and all advertisers. If you know of any place in the area frequented by people in the community who may be interested in reading the Echo, please let that office know and arrangements will be made to deliver copies of the paper there. Each edition of the Echo is mailed to over 1000 homes of students. Another hundred-plus copies are mailed to other college campuses and interested people in the West. We are presently getting press releases from some of these readers. We would like to get press releases of interest to the Community College student from every reader.

Your cooperation is appreciated and solicited to make the WESTERN ECHO the most informative Community College publication around.

We've come a long way baby! Thank you.

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**Suicide Rate Increasing**

ANN ARBOR, Mich. (UPI) — A researcher studying the rising suicide rate among young blacks said she found "a twin deviant pattern of alienation and self-destructiveness" in a survey of Detroit-area teenagers.

Beverly Howze, a clinical psychologist at the University of Michigan, said suicides have risen 187 percent among non-whites in the Detroit area since the mid-1950's. The increase in suicides, she said, was similar among non-whites in other regions.

In contrast, she said, the suicide rate among whites was up 23 percent.

Miss Howze said the greatest increase were among young blacks.

"This represents a complete reversal for the black race, which has a history of rarely resorting to suicide," she said.

Miss Howze surveyed 341 youths between 16 and 19 — 300 of whom live in the low and middle-income blacks — to find out why.

"What we found was an alarming pattern of alienation and self-destructiveness," she said. "While these traits were strongest among black youths in the low income group, they were also evident among young people in general."

"Many showed feelings of low self-esteem and self-confidence. They admit difficulty in dealing with day-to-day stress and frustration, yet they are extremely hesitant to ask for help — even from members of black families."

"Blacks, particularly black males, insist on handling their problems alone."

The study found that with the great majority of the lower class blacks saw suicide as a "primary means of coping with problems," while more than one-third of the blacks and nearly half the whites in the study "evidenced minimal to moderate potential for self-destruction," under certain circumstances.

The rising suicide rate among teenagers of both races may be due to the role changes and new freedoms they now enjoy, she said. Part rules-in-black boys, she said, provided a sense of security that no longer existed.

"Young people seem to be experiencing great difficulties in coping these days," Miss Howse said. "But a far greater problem is their unwillingness to turn to people for help."


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**Butterflies of Love**

By H. G. GUEST, M.D.

You probably call them crabs. Medical books term them Procrustes. The crabs are named after a Greek who tried to physically whatever better than everyone else call them paupers of amour, butterflies of love.

As the French declare, "Les coquins" — crabs are usually squatted through sexual relations. They are, however, one of the few sexually associated diseases that can be transferred from the perinatal toilet set. Towels and sheets containing infected hairs can also be a source of disease.

Crab lice are one of the three varieties of human lice. Human lice are categorized primarily by the area of the body where they are located. Head lice are usually found in the scalp and eyebrows. Body lice are found in the seams of clothing next to the skin. Pubic hair (crab) usually prefer the public and anal hairs, although they are occasionally more adventurous and may vacation in the armpits, eyebrows, beard and general body hair.

Microscopically, crab lice look like ocean crabs. They have a round body, no legs, and the legs have strong claws to grasp the coarse hair where they prefer to live. Crabs live exclusively on blood and feed intermittently as often as every two times a day. Females may travel to the abdomen of hairy individuals to lay their eggs. That's why people with body hair should use medication over their entire areas when treating this disorder.

Eggs are cemented to hairs next to the skin. They hatch in a week and take between thirteen to seventeen days to reach adulthood. Adulthood usually lasts about a month. Like many in our community need human warmth to survive, they will die within twenty-four hours, if separated from human contact and body heat.

The first symptom of crab infestation is itching. Crabs are primarily in the small and occur near the roots of the hair under feeding they swell, turn dark red and become fairly visible. Blue spots on the skin may occur. These are usually caused by the rare rule of hair. They are relatively simple to cure, usually without a physician's help. There are a number of over-the-counter insecticides that can be purchased without a prescription. Two of the most popular medications are A-300 Pyritine and RID.

The classical "underground" treatment for crab lice is kerosene which can be purchased in most pharmacies or drug stores. Rub the kerosene on the hair well to reach the base of the hair. Wash and dry clean all clothing immediately. Blockets, sheets and underwear should be washed in soap and hot water (at least 130 degrees Fahrenheit). Toilet seats should also be disinfect.

Some people got emotionally upset the first time that they discovered they have crab. There are two things to be proud of: First, crab lice is not a new disease, even an old French proverb that states "Butterflies of love may be found in any bedroom." If you are in the throes of infestation, here's some tips to help you cope:

- Take steps to kill the crabs by using a insecticide that kills the crabs and prevents them from reproducing.
- Wash all clothing and bedding in hot water (at least 130 degrees Fahrenheit). Treat all clothes and bedding that have touched the infected person.
- Avoid sharing clothing, bedding, and other personal items with someone who has crab lice.
- Avoid sharing towels, hairbrushes, and other personal items with someone who has crab lice.
About Welfare.....
Myths and Facts

Myth - Welfare families have lots of children to get more money.
Fact - A typical family has a mother and three children. She gets $35 extra for another child.

Myth - The rolls are full of able-bodied loafers.
Fact - Less than 1% are unemployed males.

Myth - Welfare is only a joke (money).
Fact - Many services as well as money are given.

Myth - Give them more money and they’ll spend it on beer and cars.
Fact - Most spend extra money on food, clothes, and better housing.

Myth - Most welfare children are illegitimate.
Fact - Less than one-third are born out of wedlock.

Myth - Once on welfare, always on welfare.
Fact - The average family is on welfare for two years.

Myth - Most welfare families are Black.
Fact - Only 46% are Black.

Myth - Why work when you can live it up on welfare?
Fact - Average payment for a family of four ranges from $60 a month in Mississippi to a high of $375 in Alaska.

In all states payments are below the poverty level.

Teaching Ethnic Studies
James A. Banks, 43rd Yearbook 1973, Page 55

The Middle Income Student Assistance Bill passed

The Middle Income Student Assistance Bill has been passed by Congress in lieu of the College Tuition Tax Credit Plan. Effective the 1979-80 school year, the measure is designed to extend the eligibility existing for financial aid programs to students from middle income families. The bill will provide Educational Opportunity Grants to students from families earning up to $25,999 per year. The current level limit is $15,000. Additionally, the new law provides for an increase in funds for the College Work Study and Supplemental Educational Opportunity Grant Programs.

Western Nevada Community College administration anticipates the new law could double the number of BEOG recipients during the 1979-80 school year. Students are encouraged to apply early for financial aid for the 1979-80 school year.

Short Shorts

Hot and cold sandwiches now available on Reno Sparks Campus by room 1017.

GED Testing schedule for December 13 and 14. Contact the office of counseling and testing for more information.

December 18-21 Final exam examinations week. Fall semester ends December 22.

January 22 Spring classes begin.

ARE YOU INTERESTED IN PARENTING SKILLS? Monday 6:30 p.m., December 11. ARE YOU INTERESTED IN IMPROVING INTERPERSONAL RELATIONSHIPS? Thursday 3:30 p.m., November 16.

For more information contact Counseling Department, 2nd Floor or call 673-4666, Ext. 206 or 207.

DO YOU NEED A JOB? Full-time, part-time jobs available. Contact Helen Mulder, Placement Office, Room 2007-B or call 673-4666, Ext. 312 or 313.

TUTORS NEEDED — CONTACT L. D. LOVETT in the Counseling Center second floor for subject areas, pay information and requirements.

Students in need of FINANCIAL ASSISTANCE, GRANTS, SCHOLARSHIPS, JOBS, OR LOANS should contact the Student Financial Aid Office, Room 2019 or call 673-4666, Ext. 216.

 Classified Section

FOR SALE: Snow tires, 2, size H-78 x 15. Used one season. Both for $45. 826-9737.

TYPING — call Jenny, 972-0605. 5200 Cocoa Ave., #22, Stead.

SIGN UP NOW—Room 2019

SEE YOU IN COURT!

WESTERN ECHO — Page 3
Thoughts on Snow—Vietnamese Style

By Jerry Bowen

The new two-route serving Southeast Reno include service to the new Reno/Sparks area and to the MGM, Reno International Airport, and Sparks Running Center. New routes in Northwest Reno go up West Seventh Street and up King's Row.

The goal of the CITIFARE public transit system is to get people out of their cars and into the habit of riding the bus. This will take a lot of persuasion from various sources. Probably the best advertisement for this new bus service will be word of mouth. Let's not forget the pollution in the Truckee Meadows caused largely by the use of the automobile.

To cut down on air pollution, get you there, and to save wear and tear, ride the bus when you can. For more information about the CITIFARE system, schedule, call 826-FARE.

—By Jerry Bowen

The decade closing in 1975 saw the media under attack from the public and government alike. Victimized by changing social conditions, many emotionally explosive issues, and a lack of understanding the media's function and responsibilities, the media, press and television in particular, became the public's scapegoat. From across many questions. How much media are people exposed to? Do they realize its subsequent impact on their lives and society? Is the question of "Press reality" realistic? Which forms of media are the public most and least satisfied with? What changes would the public dictate to the media if they were in a position to do so? In an attempt to seek public opinion on these issues a questionnaire was circulated to 40 individuals. Circulation was extended to approximately 50 percent white and 50 percent blue-collar workers in addition to a minimal amount of high school students (less than 5 percent).

"Guanimated freedom of the press by the Constitution," one must look past the textbook definition to find its true meaning. Alarming, 25 percent of those polled were ill-informed or had no idea of the true concept of definition of freedom of the press. Further, the majority of those who had no idea or concept of freedom of the press were adults as large consumers of the media. The remaining 75 percent were extremely well-informed. References to the right to print, criticism, and report were commonplace. Comments included "unrestricted report-" "Freedom to criticize," and "report news without government censorship." Less than 5 percent voiced radical opinions. Comments such as "an individual only has freedom of the press if he owns a press," and "Adams think we have that much freedom," were received.

"How much media are people exposed to? Are they aware of its impact? The average person polled watched television three and one-half hours a day, listened to

Press & TV Become Public's Scapegoat

By John Cooke

Written as a report in a Journalism 101 Project radio broadcasts two hours a day, and purchased four and one-third magazines per month. While those statistics are below the national average, it must be remembered the survey was distributed among members of the work force and not housewives and younger school children, both of which can be comprised large numbers of non-English speakers.

—By John Cooke

"Much of the programming is not suited for my taste, or what I consider good programming for a TV audience; in addition to "Educational and informative programming," is not at the time when they can be easily viewed—should offer other alternatives to what is presently being shown if I had a choice.

"Press has dissatisfied with the media and their performance. When asked which type of media was the least satisfactory, it was the frame of the Christmas season: without snow, "Merry Christmas" may be a different Christmas lacking all its atmosphere. It is also the vital force to the flora in the desert: it sends green to its grass and the beauty to its flowers.

Media Under Attack

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Later, Lewis worked for CBS for 10 years and was involved in some of the first efforts by a record-producer in record distribution. He was retired from CBS at the age of 62 as being too old to travel around the country anymore. Anyone who knows Lewis, knows what a ridiculous mistake that was.

Lewis has been married to his wife, Margaret Jane, for 35 years, and they have two daughters. He moved to Reno about two years ago, where he supports his wife and himself by gambling. He said, "to make your living by gambling you need to develop discipline. You don't become elated when you win and you don't become depressed when you lose." When asked for gambling tips Lewis advises, "Save your money." From the twinkle in his eye, you don't know whether to believe him or not. If you want to ask him yourself, you'll probably find him in his favorite casino, the Nevada Club. Or just look for him on campus. He's easy to find.

The next day was very much like the same day a week ago and like a month ago, but eventually it ended and I returned to my plastic bedroom to wait for the call from home. I waited and waited and waited some more — still no call.

Always imagining the worst, I placed a call to home. A cheerful voice said "hello," but when I responded, that cheerful voice, in the time it takes to snap your fingers, turned to ice and the phone went dead. Thinking it was a mechanical failure, I called the long distance operator and reported a disconnection. "Oh, no sir," she replied, "the party in San Francisco had terminated the connection." Nonplussed I replaced the call but this time there was no answer. Well you can bet I wasn't going to take that sort of treatment, especially when I didn't know the reason for the reception, or the lack of same.

For the balance of the evening I placed a call every 10 minutes. I kept time by the clock. After two hours of no answers the receiver in San Francisco was finally removed and a barrage of abusive language almost melted the lines to Phoenix. I was accused of being holed up in another motel. An agitated voice, that was almost beyond recognition, demanded to know with whom I was holed up. Eventually for want of breath, I finally managed to get a word in. I begged for time to make an inquiry at the desk. Naturally the motel operator was "sorry, Mr. Nelson, no calls had come in." And that's the way it was. I sought legal advice "Change your name," my lawyer said. "Change it to something like Allen Nelson." He had the nerve to bill me $25. The invoice was addressed to Mr. Nelson.
In the Nevada Mental Health Institute, there is a belief that for any patient to be treated, their mental health is the primary concern. The institute is dedicated to providing a safe and supportive environment for all patients. The services offered range from individual therapy to group sessions, depending on the patient's needs.

One of the significant challenges faced by the institute is the stigma associated with mental health. The institute works tirelessly to break down this stigma and provide a supportive community for those in need.

The campus minister is an essential part of the institute's team. Their role is crucial in providing spiritual support and guidance to the patients, staff, and visitors. The campus minister is available for confidential conversations, prayer, and other spiritual needs.

The campus minister's position is open to anyone who is passionate about providing spiritual support and has the necessary qualifications. The position offers a unique opportunity to make a positive impact on the lives of those in need.

If you are interested in applying for the campus minister position, please visit the institute's website for more information and application instructions.
Another first year player, Youg Keuklim, played basketball in Korea for five years, and is quite eager to play in the United States.

In Korea, he said, they play basketball all year round, while here, it is only half of the year. It will be tough. I want to be consistent and help the team. I'm really looking forward to playing basketball in the United States.

While it will be Olivas's decision as to who makes the team, he will put a great deal of emphasis on defense. He believes it is defense that wins basketball games.

"Last year, I felt we could have done things differently," the second year coach said, "This year, we will spend probably 80 to 90 percent on defensive drills, preventing the opponents from penetrating and sending in big people.

Since Olivas will be looking at a lot of new faces this season, he will try to run his team with the same enthusiastic attitude that he has always demanded from his troops.

"With all of the new players, there will be a period of adjustment and terminology," he said, "We will run certain drills and try to execute correctly. But possibly my biggest problem will be trying to keep them away from the girls who practice volleyball in the same gym.

"We definitely want to win," Olivas continued. "We must, however, be realistic. We might have to take our lumps during the pre-season, but in the long run, I feel it will pay off.

As was the case last season, the Wildcats will lose the league in one category — lack of height. To counter with this, the Wildcats may have to execute zones and man-to-man presses.

One of the players returning this year, guard Kenny Cervantes, believes the Wildcats will be very competitive. Cervantes has practiced in pre-season because of a broken ankle, but expects to be ready when WNCC opens the season Dec. 10.

"The key to our success will be team defense," Cervantes said, "We will do a lot of pressure, zones and man-to-man coverage. We must also be able to execute as well.

"We must have a better form of team unity," he said. "Last year, nobody really got along — I mean, there were no fights or anything like that, but the team spirit was just out there. If we play together well as a team, we will play consistently good.

Olivas believes that Cervantes and Miller can help the first year players this season, strictly on their knowledge of the league and their experience from last year. "Both Randy and Kenny have great attitudes," Olivas said. "They can relate to the other players and offer them encouragement. This means a lot to a young club such as ours."

According to Olivas, Butte College, who won the Golden Valley Championship last year, will be the toughest team to beat. "Overall, they have an excellent team. They play good, and have good personnel."

One aspect Olivas would like to see improved this season is the attendance at the games, which has been extremely low over the past couple of years.

"The attendance is very instrumental in any sport, especially in basketball. The support of the fans is to any team's advantage."

By: Dave Calistaro

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**Wildcats, Olivas Optimistic about 1978-79 Season**

The summer was long and hot. While the children were running through sprinklers and diving off diving boards, WNCC Wildcat coach Mike Olivas was thinking about the upcoming 1978-79 basketball season. This year's Wildcat team looks to be possibly the most exciting ever, coming off a season ending in the playoffs.

"The 1978-79 season will be one of the most exciting seasons in WNCC basketball, said Olivas. "Playing in front of a full house throughout the season will be the key to our success.

One of the players returning this year, guard Kenny Cervantes, believes the Wildcats will be very competitive. Cervantes has practiced throughout the summer with the team.

"The key to our success will be team defense," Cervantes said, "We will do a lot of pressure, zones and man-to-man coverage. We must also be able to execute as well.

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**1978-79 Wildcat Basketball Schedule**

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**Liberty College Basketball**

By: Teni Grew

Hey Wildcats! It's basketball season.

No, it's not the Golden State Warriors or the Los Angeles Lakers, in fact, it's not even a men's team.

For the first time in WNCC history, you'll be able to see tough, ready, and sexy women in action. Ah— basketball action, that is.

Women's athletic director Joe Ayarbe is very enthusiastic about this program. The new athletic program, mind you.

In an interview with Ayarbe, he stated, "Women's athletics are more viable now than ever before. There are programs all over the country that support women's athletics. I feel that even without federal regulation there would still be a great demand for women in athletics today."

"Ayarbe went on to say, "There are more opportunities for women in athletics. The opportunities begin in middle school and are more highly developed at the high school and college level."

"It doesn't stop there, according to Ayarbe, more and more women athletes are going beyond the college programs and into professions. Tennis and golf have already made a name for themselves as an individual sport. In the near future we will begin to see more women's professional teams in these sports."

"Ayarbe believes that the men's and the women's athletic programs at WNCC are being funded by the associated students of WNCC. "The state funds all athletic programs for the universities and high schools throughout Arizona. It's a fait accompli that WNCC get their fair share of state funding for their athletic programs, too," said Ayarbe. A decision for state funding at WNCC will be made upon when the legislature meets in January.

"Ayarbe is optimistic about the future of this new athletic program. "I feel that participation will increase, both actively and in spectator sports, as more women find out that WNCC has an intercollegiate athletic program to offer."

"Ayarbe closed, "I can not tell you how thrilled I am. It is the intent of this athletic department to develop an athletic program that is practical. If the college has 100 student athletes who specialize in running, for instance, it is our obligation to get that athlete to meet within our conference. We do not necessarily need a cross-country team of twenty people."

"At this time I would like to thank Joe Ayarbe for sharing his views with us on WNCC athletics. I would also like to wish the men's basketball team at WNCC the best of luck in their 1978-79 season."

Organized practice sessions for the women's team will begin December 4 at 2 p.m. in the Billingshurst Health center. All interested in playing or desiring further information should contact Joe Ayarbe, room 110, as soon as possible.

Sign up now and be a part of a winning team.
Fire Evacuation Routes
WNCC Reno/Sparks Campus

The following Fire Evacuation Routes for the main campus building of Western Nevada Community College are printed for your information. You should familiarize yourself with these routes and be prepared to use them in the event evacuation of the building becomes necessary. A copy of the evacuation routes is also posted in each classroom.

Dear Gabby:
Once upon a time, a student visited the coffee machine on the second floor, found stacks of cups on top of the machine and wondered why. He put in his life’s savings and received four coffee cups, each 1/4 full. Another student played the machine and received his coffee without a cup. A third student attempted to get some coffee: The machine swallowed his quarter and the button went limp. What’s going on?
Tired of Playing Roulette

Dear Gabby:
The problem you speak of is not new, so you must be. There are rules governing everything here including the operation of machines. Please observe the following rules for obtaining coffee, chicken soup, etc.
1. Approach the machine in question with an air of authority. Insert coin(s) and give the command: Coffee (chicken soup, etc.).
2. Threa (on the machine with removal).
3. Go to the nearest restaurant and drink all the coffee you want.

Actually, you got lucky getting four cups. I saw one student carrying his coffee away in his hands.

Dear Gabby:
My children are still quite young, but I believe in being prepared. Will you answer two questions please? What is the awkward age? How can you tell when your children are grown up?
Girl Scout

Dear Girl Scout:
I don’t know about boys, but the awkward age for girls is when you are too old for boys and too young for toys. You will know when your children are grown up.

Your daughter will start putting lipstick on and your son will start wiping it off.

Gabby